

ABRIL 2026



SUJETO A CAMBIOS

Kimball Senior Center
1221 D Ave. Suite 101
National City, CA 91950 (619)336-6760

HORAS DE INSTALACIÓN: MA-MI-JU- 9AM-4PM

Fifty and Better

FAB Programming

AKA Senior Programming

REVISADO 4/2/2026

LUNES

MARTES

MIERCOLES

JUEVES

PIEZAS DE NOSOTROS- TALLERES DE ARTE

2:45 - 4:30PM

10 DE ABRIL | 17 DE ABRIL | 25 DE ABRIL |

1 DE MAYO

1

Realidad Virtual

Camina con Facilidad 9:15 am - 10:15 am
9:00am - 10:00am

Club de Crochet y mas 10:15am - 11:15am
10:00am - 1:00pm
Zumba
Karaoke
1:00pm- 3:00pm

2



Bailando hacia la primavera
12:00pm - 3:00pm
Las puertas habren a las 12p

6

Club de Caminata
9:00am - 10:00am

7

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

¡Juego!- Loteria
1:30 pm - 3:00 pm

8

Camina con Facilidad
9:00am - 10:00am

Club de Crochet y mas 10:00am - 1:00pm
Zumba
Karaoke
1:00pm- 3:00pm

9

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

Origami
1:00 pm - 2:00 pm

13

Club de Caminata
9:00am - 10:00am

14

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

¡Juego!- BINGO
1:30 pm - 3:00 pm

15

Camina con Facilidad
9:00am - 10:00am

Club de Crochet y mas 10:00am - 1:00pm
Zumba
Karaoke
1:00pm- 3:00pm

16

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

Manualidades
1:00 pm - 3:00 pm

20

Club de Caminata
9:00am - 10:00am

21

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

¡Juego!- Loteria
1:30 pm - 3:00 pm

22

Camina con Facilidad
9:00am - 10:00am

Club de Crochet y mas 10:00am - 1:00pm
Zumba
Karaoke
1:00pm- 3:00pm

23

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

Origami
1:00 pm - 2:00 pm

27

Club de Caminata
9:00am - 10:00am

28

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

¡Juego!- BINGO
1:30 pm - 3:00 pm

29

Camina con Facilidad
9:00am - 10:00am

Club de Crochet y mas 10:00am - 1:00pm
Zumba
Karaoke
1:00pm- 3:00pm

30

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Club de Crochet y mas
10:00am - 1:00pm

Pintar
1:00 pm - 3:00 pm

APRIL 2026



Kimball Senior Center
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Fifty and Better

FAB Programming
AKA Senior Programming

SUBJECT TO CHANGE

FACILITY HOURS: T-W-TH -- 9AM-4PM

UPDATED 4/2/2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

PIECES OF US - ART WORKSHOPS

2:45 - 4:30PM

APRIL 10 | APRIL 17 | APRIL 25 | MAY 1

6

Walking Club
9:00am - 10:00am

Feeling Fit Club

9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

!GAME!- Loteria
1:30 pm - 3:00 pm

7

Walk with Ease

9:00am - 10:00am

Crochet Club & more
10:00am - 1:00pm

Zumba
10:15am - 11:15am

Karaoke
1:00pm- 3:00pm

8

9

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

Origami
1:00 pm - 2:00 pm



2

Swing into Spring Dance

12:00pm - 3:00pm

Doors Open at 12pm

13

Walking Club
9:00am - 10:00am

Feeling Fit Club

9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

!GAME!- BINGO
1:30 pm - 3:00 pm

14

Walk with Ease

9:00am - 10:00am

Crochet Club & more
10:00am - 1:00pm

Zumba
10:15am - 11:15am

Karaoke
1:00pm- 3:00pm

15

16

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

Crafts
1:00 pm - 3:00 pm

20

Walking Club
9:00am - 10:00am

Feeling Fit Club

9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

!GAME!- Loteria
1:30 pm - 3:00 pm

21

Walk with Ease

9:00am - 10:00am

Crochet Club & more
10:00am - 1:00pm

Zumba
10:15am - 11:15am

Karaoke
1:00pm- 3:00pm

22

23

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

Origami
1:00 pm - 2:00 pm

27

Walking Club
9:00am - 10:00am

Feeling Fit Club

9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

!GAME!- BINGO
1:30 pm - 3:00 pm

28

Walk with Ease

9:00am - 10:00am

Crochet Club & more
10:00am - 1:00pm

Zumba
10:15am - 11:15am

Karaoke
1:00pm- 3:00pm

29

30

Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am

Crochet Club & more
10:00am - 1:00pm

Painting
1:00 pm - 3:00 pm