

**MARZO
2026**



Kimball Senior Center
1221 D Ave. Suite 101
National City, CA 91950 (619)336-6760

SUJETO A CAMBIOS

Revisado 3/4/26

Fifty and Better

FAB Programming

AKA Senior Programming

LUNES

MARTES

MIERCOLES

JUEVES

2 CAMINE CON FACILIDAD
9:00am - 10:00am

3 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Club de Crochet y mas
10:00am - 1:00pm
¡JUEGO!- Loteria
1:30 pm - 3:00 pm

4 CAMINE CON FACILIDAD
9:00am - 10:00am
Club de Crochet y mas
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm

5 **Baile**
Las puertas se abren a las 12 p.m. 

9 CAMINE CON FACILIDAD
9:00am - 10:00am

10 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Club de Crochet y mas
10:00am - 1:00pm
¡JUEGO!- BINGO
1:30 pm - 3:00 pm

11 CAMINE CON FACILIDAD
9:00am - 10:00am
Club de Crochet y mas
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm

12 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Club de Crochet y mas
10:00am - 1:00pm
Origami
1:00 pm - 2:00 pm 

16 CAMINE CON FACILIDAD
9:00am - 10:00am

17 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Club de Crochet y mas
10:00am - 1:00pm
¡JUEGO!- Loteria
1:30 pm - 3:00 pm

18 CAMINE CON FACILIDAD
9:00am - 10:00am
Club de Crochet y mas
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm 

19 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Club de Crochet y mas
10:00am - 1:00pm
Origami
1:00 pm - 2:00 pm 


23 CAMINE CON FACILIDAD
9:00am - 10:00am


24 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Club de Crochet y mas
10:00am - 1:00pm
¡JUEGO!- Trivia
1:30 pm - 3:00 pm

25 CAMINE CON FACILIDAD
9:00am - 10:00am
Club de Crochet y mas
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm 

26 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Club de Crochet y mas
10:00am - 1:00pm
Origami
1:00 pm - 2:00 pm 

 Clase de prueba de Zumba
9:15am - 10:15am

 Baile - Sacude tu trébol
¡Vístete de verde!
12:00pm - 3:00pm

 Embellizamos nuestra comunidad
Creación de arte
Pintura en piedras y más
2:15pm - 3:30pm

MARCH 2026



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1221 D Ave. Suite 101
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SUBJECT TO CHANGE

UPDATED 03/4/26

Fifty and Better

FAB Programming

AKA Senior Programming

MONDAY

2 Walk with Ease
9:00am - 10:00am

9 Walk with Ease
9:00am - 10:00am

16 Walk with Ease
9:00am - 10:00am

23 Walk with Ease
9:00am - 10:00am

TUESDAY

3 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Crochet Club & more
10:00am - 1:00pm
!GAME!- Loteria
1:30 pm - 3:00 pm

10 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Crochet Club & more
10:00am - 1:00pm
!GAME!- BINGO
1:30 pm - 3:00 pm

17 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Crochet Club & more
10:00am - 1:00pm
!GAME!- Loteria
1:30 pm - 3:00 pm

24 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Crochet Club & more
10:00am - 1:00pm
!GAME!- Trivia
1:30 pm - 3:00 pm

WEDNESDAY

4 Walk with Ease
9:00am - 10:00am
Crochet Club & more
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm

11 Walk with Ease
9:00am - 10:00am
Crochet Club & more
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm

18 Walk with Ease
9:00am - 10:00am
Crochet Club & more
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm

25 Walk with Ease
9:00am - 10:00am
Crochet Club & more
10:00am - 1:00pm
Karaoke
1:00pm- 3:00pm

THURSDAY

5 Dance
Doors open
at 12pm



12 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Crochet Club & more
10:00am - 1:00pm
Origami
1:00 pm - 2:00 pm



19 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Crochet Club & more
10:00am - 1:00pm
Origami
1:00 pm - 2:00 pm



26 Feeling Fit Club
9:00am - 10:00am
10:15am - 11:15am
Crochet Club & more
10:00am - 1:00pm
Origami
1:00 pm - 2:00 pm



Z Zumba Trial Class
9:15am - 10:15am



Dance - Shake your Shamrock
Wear Green!
12:00pm - 3:00pm



Let's beautify our community -
Art Making
Rock painting and more
2:15pm - 3:30pm