

Las Palmas Pool

NATIONAL CITY · CA

Updated Pool Schedule¹ Effective February 16th - June 5th, 2026

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Lap Swim ² (Short course yards)	10:00a-2:00p	11:00a-1:00p	11:00a-1:00p 4:30p-7:00p	11:00a-1:00p 4:30p-7:00p	11:00a-1:00p 4:30p-7:00p	11:00a-1:00p 4:30p-7:00p	11:00a-1:00p 4:30p-7:00p
Lap Swim ² (Long course meters)	-	-	-	-	-	-	-
Recreational Swim Lap Pool	10:00a-2:00p	11:00a-1:00p	4:30p-7:00p	4:30p-7:00p	4:30p-7:00p	4:30p-7:00p	4:30p-7:00p
Group Exercise	-	-	-	11:00a-11:55a (shallow water)	-	11:00a-11:55a (deep water)	-
Swim Lessons ³	-	-	-	-	-	-	-
Pool Rental ⁴	-	-	5:00p-7:00p	5:00p-7:00p	5:00p-7:00p	5:00p-7:00p	5:00p-7:00p

OPENING DAY, FEBRUARY 16TH: Pool will be open from 11:00am-7:00pm with no breaks between sessions

1. This schedule is subject to change
2. During times of high usage, patrons are required to split lanes and/or circle swim
3. Registration is required
4. National City relies on rental revenue to support pool operations to open the pool to the public. As such, at times, space is reserved for the Sweetwater Union High School District (SUHSD) and local youth club teams.
5. The pool(s) will have modified schedules or be closed on the following dates:
 - a. Monday, February 16th - 11:00am-7:00pm
 - b. Friday - Sunday, March 6th-8th - USA Water Polo Olympic Development National Championships
 - c. Sunday, April 5th - Easter Sunday
 - d. Monday, May 25th - Memorial Day

Las Palmas Pool · 1800 E 22nd St. · National City · CA · 91950
619-336-6758 · laspalmaspoolnc@gmail.com
For more information visit www.nationalcityca.gov

