

Swim Lesson Schedule August - October

Monday/Wednesday PM

August (5th-28th)

September (2nd-25th)

October (Sept. 30th-Oct. 23rd)

Parent-Child/Tiny Tot Classes

(6 months - 4 years)

Parent Child:

4:00pm

Minnow (2-4 years):

3:30pm

Preschool Classes (3 - 5 years)

Tadpole:

3:30pm

4:30pm

5:00pm

6:15pm

Turtle:

4:00pm

5:45pm

Seal:

5:00pm

6:15pm

Youth Classes (6 - 12 years)

Stingray:

3:30pm

4:00pm

4:30pm

5:00pm

6:15pm

Otter:

4:30pm

5:45pm

Dolphin:

4:30pm

5:45pm

Stroke Development

5:45pm

Pre-Teen and Teens (12-17 years)

6:15pm (Combo)

Adult (18+ years)

5:00pm (Combo)

Private Lessons

3:30pm

4:00pm

5:00pm

5:45pm

6:15pm

Tuesday/Thursday PM

August (6th-29th)

September (3rd-26th)

October (1st-24th)

Parent-Child/Tiny Tot Classes

(6 months - 4 years)

Parent Child:

4:00pm

Minnow (2-4 years):

3:30pm

Preschool Classes (3 - 5 years)

Tadpole:

3:30pm

4:30pm

5:00pm

6:15pm

Turtle:

4:00pm

5:45pm

Seal:

5:00pm

6:15pm

Youth Classes (6 - 12 years)

Stingray:

3:30pm

4:00pm

4:30pm

5:00pm

6:15pm

Otter:

4:30pm

5:45pm

Dolphin:

4:30pm

5:45pm

Stroke Development

5:45pm

Pre-Teen and Teens (12-17 years)

6:15pm (Combo)

Adult (18+ years)

5:00pm (Combo)

Private Lessons

3:30pm

4:00pm

5:00pm

5:45pm

6:15pm

Saturdays

August (3rd-31st)

September (7th-28th)

October (5th-26th)

Parent-Child/Tiny Tot Classes

(6 months - 4 years)

Parent Child:

11:15am

Minnow (2-4 years):

10:30am

12:15pm

Preschool Classes (3 - 5 years)

Tadpole:

9:00am

10:00am

11:15am

12:15pm

Turtle:

9:30am

10:30am

Seal:

9:00am

10:00am

Youth Classes (6 - 12 years)

Stingray:

9:00am

9:30am

10:00am

10:30am

11:45am

12:15pm

Otter:

9:30am

10:30am

11:45am

Dolphin:

10:00am

11:45am

Stroke Development

9:00am

Pre-Teen and Teens (12-17 years)

11:45am (Combo)

Adult (18+ years)

10:30am (Beginners)

11:15am (Intermediate)

Private Lessons

9:00am

9:30am

9:30am

10:00am

10:00am

10:30am

11:15am

11:45am

12:15pm

1:00pm

1:30pm

2:00pm

2:30pm

Classes shown on this schedule are subject to change and cancellation

Las Palmas Pool • 1800 E 22nd St. • National City • CA • 91950 • 619-336-6758

For more information visit www.nationalcityca.gov