### January 2019

**Children’s Programs**
619. 470. 5810

**MONDAYS**
- **Family Story Time** (K-6th grade)
  - Jan. 7, 14 and 28 - 6:00 - 6:30 pm

**TUESDAYS**
- **Teeny Tots**
  - Jan. 8, 15, 22 and 29 - 11:00 - 11:45 am
  - Stories, music, and socialization for children 0-3 years old

**WEDNESDAYS**
- **Book Bingo**
  - Jan. 9 - 6 - 6:30 pm
- **Camp Scary**
  - Jan. 16 - 6 - 6:30 pm
- **STEM Club Earthquake Challenge**
  - Jan. 23 - 5 pm

**THURSDAYS**
- **Family Movie** 2 pm
  - Jan. 10 - 6 - 6:30 pm
  - Lego Club
- **Book Bingo**
  - Jan. 17 - 6 - 6:30 pm
  - Kids' Crafts
- **Book Bingo**
  - Jan. 24 - 6 - 6:30 pm
- **Kids’ Crafts**
  - Jan. 31 - 6 - 6:30 pm

**SATURDAYS**
- **Family Movies** (all ages)
  - Jan. 13, 20 and 27 - 2:00 pm
- **Paws to Read**
  - Read to real live therapy animals!

**SUNDAYS**
- **Family Movies** (all ages)
  - Jan. 13, 20 and 27 - 2:00 pm

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**Adults’ & Seniors’ Programs**

**Library Hours**
Monday-Thursday: 10:00 AM - 8:00 PM
Friday: CLOSED
Saturday & Sunday: 1:00 PM - 5:00 PM

**NATIONAL CITY PUBLIC LIBRARY**
1401 National City Blvd. National City, CA 91950
619.470.5800

**Yoga for Everybody**
- Mondays, Jan. 7, 14 and 28 - 11am-12noon
- Wednesdays, Jan. 9, 16, 23 and 30 - 6-7 pm

**Healing Meditation Class**
- Saturdays, Jan. 12, 19 and 26 - 1:15-2:15 pm
- Please bring a yoga mat.

**Mat Pilates Class**
- Saturdays, Jan. 12, 19 and 26 - 2:30-3:30 pm
- Stretch and strengthen your core muscles the Pilates way! Please bring a yoga mat.

**Café Nights**
- Mondays, Jan. 7, 14 and 28 - 6-7 pm
- Live Entertainment & Coffee. For listing of entertainers call 619.470.5860

**Movie in Spanish**
- Tuesdays, Jan. 15 - 2:30 pm
- Spanish-language movie presentation.

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**Literacy Programs**
(All classes require pre-registering—call 619.470.5860)
- **Microsoft Excel Class** (begins Jan. 22)
  - Tues. and Thurs. - 11 am
  - Learn to use the Excel database program.

- **Basic English as Second Language Class** (begins Jan. 14)
  - Mon. and Wed. - 6-7 pm

- **ESL 2/ English Conversation Class** (begins Jan. 15)
  - Tues. and Thurs. - 6-7 pm

- **Basic Computer Classes**
  - Mon./Wed. - 11 am-12:30 pm and 2-3:30 pm
  - Tues./Thurs. - 11 am-12 noon (class is in Spanish)

- **Drop-In Tech Help**
  - Tues. and Sun. - 3:30-4:30 pm
  - Get one-on-one help with all of your tech needs
  - Limit 15 minutes per person when others are waiting
BAGUA AT THE LIBRARY
Bagua is a Chinese martial art characterized by continuous fluid movement. Free classes for adults every:
Tuesday @ 6 pm (in the Family Activity Room)
Thursday @ 9 am (in the outside amphitheater on the library’s north side)

STEM CLUB - EARTHQUAKE CHALLENGE
WEDNESDAY, Jan. 23 @ 5 pm
Kids! Learn about earthquakes and then compete in teams to build the strongest tower out of Legos. The one that does best in the shake test wins!

BOOK BINGO
Kids and parents, come and play Bingo to win free books and Hershey Kisses!
Wednesday, Jan. 9 6-6:30 pm
Thursday, Jan. 24 6-6:30 pm

ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES
Learn to speak English! Classes are free! Call 619.470.5860 to reserve your spot. Begins Jan. 14.
Basic ESL - Mon. & Wed. - 6-7 pm
ESL 2/Conversation Practice - Tues. & Th. - 6-7 pm

HEALING MEDITATION CLASS
Holistic arts specialist Aurelia Valentin will guide you through breathing exercises and meditative positions to help you find balance with your mind and body. Please bring a yoga mat.
Saturdays from 1:15-2:15

STEM CLUB - EARTHQUAKE CHALLENGE
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Kids! Learn about earthquakes and then compete in teams to build the strongest tower out of Legos. The one that does best in the shake test wins!

BOOK BINGO
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Wednesday, Jan. 9 6-6:30 pm
Thursday, Jan. 24 6-6:30 pm

CHOCOLATE READING CLUB IS COMING IN FEBRUARY!
Hey Kids! Chocolate Reading Club will run from Feb. 4 - March 7. Sign up in the Children’s Room and keep track of your reading to earn chocolate prizes!

DROP-IN TECH HELP
Get one-on-one help with all of your technology questions. (Limit 15 minutes if others are waiting.)
Tues. and Sun. 3:30-4:30 pm

LIBRARY eCOLLECTIONS
If you have a library card, you can download books and magazines to read on your electronic device! Borrow from the comfort of your home! And you’ll never be late returning things, because the items are returned automatically! Check out what’s available from OverDrive and Flipster on the eCollections page of our website!

ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES
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Basic ESL - Mon. & Wed. - 6-7 pm
ESL 2/Conversation Practice - Tues. & Th. - 6-7 pm

MAT PILATES CLASS
Stretch and strengthen your core muscles the Pilates way! Class meets every Saturday from 2:30-3:30 in the Large Meeting Room. Please bring a yoga mat with you.

BASIC COMPUTER CLASSES
Adults can join our free classes to learn the basics of using a computer! Call 619.470.5860 to reserve a spot.
Mon. & Wed.—11 am-12:30 pm OR 2-3:30 pm
Tues. & Thurs.—11 am-12 noon (in Spanish)

DIAL-A-STORY
Call our storyline any time, day or night, to hear a story. There’s a new story every week!
(617) 470-5814