

Common Misconceptions about FOG

My garbage disposal will take care of it!

Garbage disposals only shred leftover fats into smaller pieces; they do not get rid of the fats that create grease.

Hot water & dish detergents can unblock my pipe!

Soaps may initially break up grease, but as it travels downstream, the soap loses its effectiveness and allows grease to solidify on walls and in pipes.

EDCO Now Accepts Used Cooking Oil!

Residents can store their cooled used cooking oil and grease in a leak-proof container and drop it off at one of EDCO's 6 buyback locations. Directions and hours can be found on EDCO's website:

www.edcodisposal.com

Residential used cooking oil and grease is also accepted at the South Bay Household Hazardous Waste Collection Facility:

1800 Maxwell Road
Chula Vista, CA

Visit the National City's website for additional information about the City's Fats, Oils, and Grease Program.



Keep Fats, Oils, and Grease (FOG) Out of the Drain!



FOG Reduction Strategies for Residents

Read on to find ways you can reduce FOG and prevent sewer backups to protect your health and the environment!

Fats, Oils, and Grease (FOG) and Sewer Backups

What is FOG?

FOG is fats, oils, and grease from kitchens and toilets that enters into the sewer system and clogs pipes.

Where does FOG come from?

Some common sources of FOG include:

Dairy products, cooking oil, baking goods, and salad dressings.

Why is FOG a problem?

FOG that sticks to sanitary pipes can build up and block the flow of water. This can result in costly (and messy!) sanitary sewer backups and overflows.

How Can I help?

There are many ways residents can help to prevent sanitary sewer backups and overflows.

DO:

- ✓ Place cooled oil and grease into trash bins or leak-proof containers for disposal.
- ✓ Scrape food scraps from dishes into the trash.
- ✓ Use a strainer in the sink to collect excess food particles.
- ✓ Clean up greasy spills with absorbent material and place in the trash.
- ✓ Complete regular maintenance on your lateral line to prevent buildup.

DON'T:

- ✗ Pour any oil or grease down the drain.
- ✗ Pour liquid foods (syrups, salad dressings, gravy) down the drain.
- ✗ Use hot water to dissolve FOG.
- ✗ Pour any hazardous materials including motor oil or gasoline into the drain.

REPORT SEWER SPILLS AND OVERFLOWS!

If you see or smell a potential sewer spill, report it to the City's Storm Water Hotline:

(619) 336-4389