



Issue 12  
January 2013

*Doing the greatest good for the greatest number*

### HAPPY NEW YEAR!!!

Well folks, 2012 has come and gone and we all survived: Super Bowl 46, the 108th World Series where the San Francisco Giants won the World Series (again), Hurricane Sandy, the Mayan's Last Day forecast, plus our extensive eating and rejoicing during the holidays. And MOST of US made a new resolution (are any broken yet?).

We at NC CERT had a good year. Our 4th Academy graduated and added new blood to our Team. Our Team volunteered for local events such as: The FilAm Festival (06/2012) the National City Cancer Relay for Life (06/2012), the 4th of July Carnival, Auto Heritage Day and the Paradise Valley Health & Wellness Fair. A few of us went on to a couple of the County's County-wide Exercises in Alpine and North County areas. Some of us have gone one step further and joined up with the County's Disaster Services Corps and are now Type II & Type III certified, and trying to be prepared when called. We recruit for new members whenever possible.



NCFD open doors to NC CERT Members & Guest David Sharkey, for Annual Potluck. NC CERT members Leila Fulgencio, Allie Pruitt, Alfonso Camberos Jr., Garry Gison and John Beck with Scott Robinson cleaning up.

### UPCOMING EVENTS

**Jan. 26, 2012:** HAM Radio Training Class. To be held at Scripps Ranch

Jan. 30, 2012: NC CERT Monthly Meeting at 6:30 p.m. Items for discussion:

- Elections for new NC CERT officers to be held. Date and time to be announced.
- NC CERT Academy #5 to start on March 6, 2013.
- Newsletter to be issued on quarterly basis.
- Upcoming exercise for Disaster Corps Members in March.



1st Academy Graduates renewing their membership and having their backpacks looked over by both Steve Dillard and Scott Robinson. All graduates present signed off on a CERT Member Loan Agreement for backpack and equipment.

### REMINDER ...

Graduates from the 2nd and 3rd Academies, your CERT I.D. Badges will expire this year. Each one of you will have to renew your paperwork with Walter so he can get you your new badge. Also, you will need to bring in your backpack to either Steve or Scott so that they can sign off on your bag. They will be checking to make sure you have the items you need in it. You will also have to sign a Loan Agreement for the items.

**A LOOK BACK AT 2012 IN PICTURES**



NC CERT Team Members: (Front left) Michael Sosamon, Rafael Courtney, (Rear) Martin Dewald, Pattie Pruss, Allie Pruitt, Gilbert Caravantes, David Heaney and our own CERT Coordinator: Steve Dillard. A JOB WELL DONE!! 08/31/12



Gilbert Caravantes, Louise Branch & Allie Pruitt taking a break after doing the HAM Radio Test in Deer Springs.



04/26/12: Engineer Steve Dillard awarded the Centurion Award. Left to right: Dan Serrano, Robin & Steve Dillard, Allie Pruitt, & Natalie Limbaga



NC CERT team members taking CPR AED class at the NCFD Community Room



Rafael Courtney taking CPR AED class at the CVFD on H Street



NC CERT Team members volunteered during the 4th of July Carnival. Left Picture: Gilbert & Sonia Caravantes, Allie Pruitt, Louise Branch & Harold Aranda; Right Picture: Martin (center) & Louise (right) handing out CERT info to the public.



NC CERT Team members volunteered for the (Left Picture) Auto Heritage Day: Linda & David Sharkey, Dan Serrano, Alfonso Camberos Jr.; (Right Picture) for the FILAM Festival: seated David Sharkey, standing: Linda Sharkey & Garry Gison.



NC CERT Team members volunteered for (Left Picture) ARC CPR & AED training. From left to right are: Harold Aranda, Natalie Limbaga and Quen Quion; (Right Picture) NC CERT members at RACE HAM Radio test at Deer Park: Gilbert Caravantes, Louise Branch & Allie Pruitt..

# GET TRAINED



Provides disaster information, education, and training that no resident should be without!  
For more information call (619) 336-4556 or e-mail [cert@nationalcityca.gov](mailto:cert@nationalcityca.gov).

What is CERT? CERT stands for Community Emergency Response Team. CERT is a group of people that are organized to work as a team to respond to disasters that impact their homes, businesses, and neighborhoods. The CERT program focuses on providing specialized training to organized "teams" to provide vital services within their neighborhoods or businesses, in the absence of emergency responders, whose arrival may be delayed due to the scope of the event.

The CERT Academy provides a minimum of 20 hours of classroom and hands-on training. The CERT Academy is held at Fire Station 34, 343 E. 16th Street, National City, CA 91950. The next CERT Academy is scheduled for the following dates/times:

March 6, 6-7 PM	Orientation
March 12, 6-9 PM	Unit 1 Disaster Preparedness
March 19, 6-9 PM	Unit 2 Fire Safety and Utility Controls
March 27, 6-9 PM	Unit 3 Disaster Medical Operations, Part 1
April 3, 6-9 PM	Unit 4 Disaster Medical Operations, Part 2
April 10, 6-9 PM	Unit 5 Light Search and Rescue Operations
April 16, 6-9 PM	Unit 6 CERT Organization
April 24, 6-9 PM	Unit 7 Disaster Psychology
April 27, 8:30 AM-12:30 PM	Manipulative Training
May 1, 6-9 PM	Unit 8 Terrorism
May 4, 8:30 AM-12:30 PM	Unit 9 Final

The CERT Academy is offered free of charge, and is open to all residents OR employees of businesses with a physical address in National City or Lincoln Acres. The CERT Academy is designed to be practical, interesting, and fun. While the CERT Academy is interactive, there are no special physical requirements to participate in the program.

In the CERT Academy you will learn fire safety, light search and rescue, team organization, and disaster medical operations/first aid.

CERT is grant funded and our program will be coordinated by the National City Fire Department. All classes are taught by emergency management, fire, and police instructors. The CERT program is an official Federal Emergency Management Agency (FEMA) program. Certificates of Completion are issued to participants at the end of the CERT Training Academy.

If you are interested in attending a CERT Training Academy, call (619) 336-4556 or send an e-mail to: [cert@nationalcityca.gov](mailto:cert@nationalcityca.gov). Call now, your community needs you!