

CALIFORNIA
NATIONAL CITY
1887
INCORPORATED

City Of National

National City Guide



Winter 2019



City of National City City Hall
 1243 National City Blvd
 National City, California 91950

City Council

Mayor	Alejandra Sotelo-Solis	619-336-4283
Vice Mayor	Ron Morrison	619-336-4233
Council Member	Jerry Cano	619-336-4234
Council Member	Mona Rios	619-336-4237
Council Member	Gonzalo Quintero	619-336-4238

City Departments

City Manager	619-336-4240
City Attorney	619-336-4220
City Clerk	619-336-4228
City Treasurer	619-336-4330
Building	619-336-4210
Community Services	619-336-4290
Engineering	619-336-4380
Finance	619-336-4330
Fire Department	619-336-4550
Housing and Economic Development	619-336-4254
Human Resources	619-336-4300
Library	619-470-5800
Neighborhood Services	619-336-4364
Planning	619-336-4310
Police Department	619-336-4400
Public Works	619-336-4580

On the Cover

Camacho music program performing during A Kimball Holiday 2018.



Stay Informed



24 Hour Hotlines

Code Enforcement	619-336-4287
Dig Alert	619-336-2600
Free Graffiti Removal	619-336-4545
Gang Enforcement	619-336-4264
Stormwater	619-336-4389
Employment Opportunities	619-336-4306
Police Non-Emergency	619-336-4411 Ext. 0



The City of National City Pledges to Provide:

We pledge to provide Customer Service
 through a Culture of...
Courtesy
 We treat everyone with dignity and respect.
Collaboration
 We work to achieve common goals and value our
 differences.
Communication
 We communicate openly, honestly, and with clear,
 consistent messages.
 with a Commitment to our Community!

Winter²⁰¹⁹ Content

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Thanks to the youth that participated in our summer movies in the park.

Register For Programs

Registration For Winter Classes Starts:

November 11, 2019

Register Online at:

www.joinnatcity.com

or visit the MLK or Camacho Center

Winter season starts:

Monday, November 25th

City Earns Top National Awards for Financial Reports

The City of National City has received the Government Finance Officers Association's awards for its comprehensive annual financial report (CAFR) and its popular annual financial report (PAFR) for fiscal year 2018. The awards are the highest forms of recognition earned for the reports. This is the fifth consecutive year for which the City has earned both awards.

In addition, the City received a "clean" audit opinion for its fiscal year 2018 financial statements with no findings of significant deficiencies or material weaknesses, the fourth consecutive year the City has earned the distinction.



National City Fire Department Opens Free Flu Clinic on Tuesdays

Are you ready for flu season? The National City Fire Department partnered with Point Loma Nazarene University's Nursing Program to provide free flu vaccinations. Nursing students administer the vaccinations under the guidance of a clinical nursing instructor at National City Fire Station #34 (343 E. 16th St.) every Tuesday from 9:00am – 1:00pm while supplies last. This partnership between the University and the Fire Department is one of a kind, as no other Fire Departments are offering flu vaccinations statewide. The National City Public Safety Foundation supported this program with the purchase of a specialized refrigeration unit and thermometer for the vaccinations.

For the full details on this program please visit www.nationalcityca.gov/pressrelease

Are You Ready For
Flu Season?



Corridor Update – Plaza Blvd.

Plaza Blvd. has long been known for its delicious and diverse collection of eateries and it shows no signs of slowing down. Check out two of the new eateries to join the East Plaza food scene and a new housing development.

Bonchon

National City is on its way to becoming a hub for Korean-style fried chicken, with well-known Korean chain Bonchon announcing that it has signed a lease at 1460 E. Plaza Boulevard.

<https://sandiego.eater.com/2019/10/1/20893355/bonchon-korean-fried-chicken-south-bay-national-city>



Slappy's Burgers & Brews

Offering specialty burgers, wings, flatbread pizza and local craft beer located at 1105 E Plaza Blvd Suite D, National City, CA 91950

Plaza Sixteen-Forty

A Multifamily development project with 77 units is scheduled to open later this year. Units will vary in size from 640-1040 Sf. For more information visit <https://silvergatedevelopment.com/community/palm-plaza/>



National City Public Market & Food Hall



Novo Brazil co-founder to open National City Market on 8th, an 11,000 square foot indoor/outdoor food hall with an onsite beer bar and 8-10 vendors offering street food and artisan goods. Market on 8th aims to open in early 2020 featuring a variety of food vendors, a cafe, and an outdoor beer garden. Eateries currently signed on include Middletown micro-roaster Moe Coffee, Poway-based Pacific Poke, Thai food specialist Ping Yang, Serbesa Filipino Kitchen, Louisiana comfort food eatery Smittys Taste of the Bayou, Wicked Maine Lobster serving New England-style seafood, and Yeti Dessert Cafe. An expansive outdoor beer garden will be operated by Novo Brazil Brewing Co. and offer their lineup of locally produced craft brews, as well as kombucha, wine and soft drinks.

Article in part SanDiegoville.com

Fish with a Cop

On Thursday October 3rd 2019, the National City Police Department hosted the first annual “Fish with a Cop” event. With the partnership of the National City Boys and Girls Club, NCPD Officers were able to take a group of young children out for a day of fishing.

During this trip officers were able to bond with, mentor, and build relationships with the youth from the National City community. The children were able to learn about law enforcement while being mentored by officers they were partnered with. The trip was a success, and all enjoyed a beautiful day on the water.



National City Police Department Receives \$100,000 Grant

A \$100,000 grant from the California Office of Traffic Safety (OTS) will fund various enforcement and educational activities intended to reduce deaths and injuries on National City roads.

“Traffic safety is a top priority for the National City Police Department. We value our partnership with OTS as the grant will help enhance awareness regarding roadway and pedestrian safety in our community”, said Chief of Police Jose Tellez. “Getting in a vehicle remains one of the most dangerous things we do,” OTS director Barbara Rooney said. “We must continue to work with our partners in law enforcement to shift that realization and make traveling on our roads safer.” For the full details on this grant please visit www.nationalcityca.gov/pressrelease

Help Define the Future of Transit

Take the Elevate SD 2020 Vision Builder Challenge to help plan the future of transit in San Diego. The Vision Builder is an easy-to-use online tool for the San Diego Metropolitan Transit System (MTS) to learn about your transportation priorities.

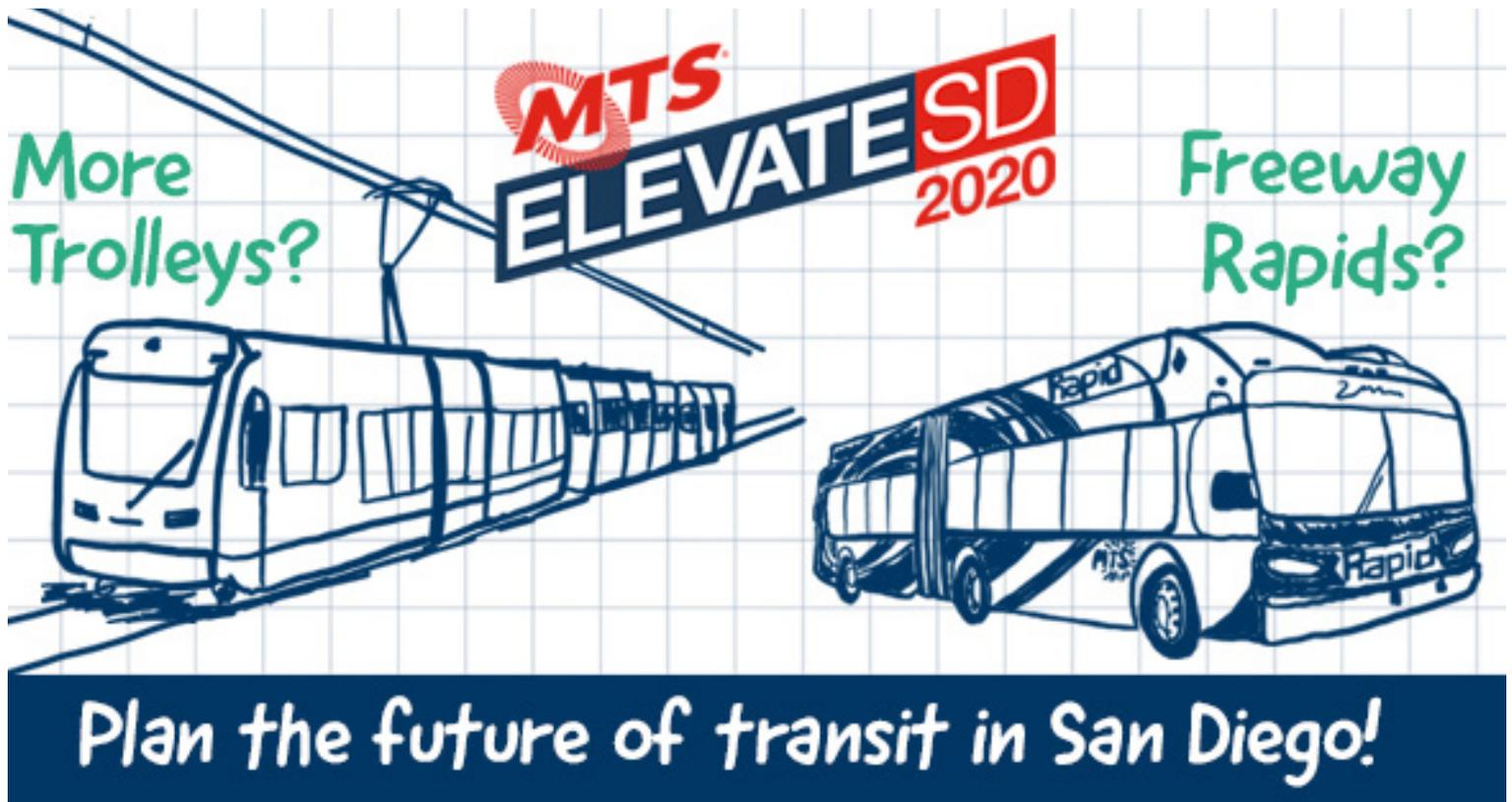
The Vision Builder provides 17 different project concepts and a 1,000 coin budget where you can create a project list to shape a transit system that works better for you and your community. For example:

- Do you want extended service hours or 24-hour service?
- What about new Trolley lines to the airport?
- Should MTS ramp up security or have more amenities at stations?
- How about creating new lanes on our freeway system for direct transit service to job centers like Kearny Mesa, Sorrento Valley and UTC?

Getting your answers to these questions will help MTS create a plan for a better-connected region, find immediate transportation solutions and identify investments that have a long-term impact for all San Diegans.

Projects and priorities identified in the Vision Builder will be presented to the MTS Board of Directors, along with previous MTS outreach efforts, as they look to develop a funding plan for voters to consider in the November 2020 election.

<http://elevatesd2020.com/projects/>





City Hall to Achieve Savings with Extended Holiday Closure

City Hall will be closed for two weeks beginning December 23, 2019 thru January 3, 2020 as a cost savings measure.

During this time essential emergency personnel from the Police and Fire Department will remain in operation to include animal control, graffiti abatement, and parking enforcement. The City will have standby and on-call personnel from Public Works, Fire Investigations, and executives and managers from each department.

During the two week closure the Senior Nutrition Center dining room will be closed 12/24, 12/25, 12/31 and 1/1 but home-delivered meals will not be affected. Park maintenance will continue. The City Hall Finance Department drop box will be available to make payments. Library materials will not be due during this time and fines will not accrue.

For non-emergencies, call Police Dispatch 24-hours a day (619) 336-4411 ext. 0.

See Answers to Frequently Asked Questions about City Hall Closure:

- Q: What are the dates of the two week closure?
A: Monday, December 23, 2019 through Friday, January 3, 2020.
- Q: Why is the City closing for two weeks?
A: As a costing savings measure, City of National City employees agreed to a two week unpaid work furlough.
- Q: Will all City services be suspended during the closure?
A: No, Fire and Police safety/emergency services, graffiti and parking enforcement will continue normal operations.
- Q: Will I be able to make payments during the closure?
A: A payment drop box will be available at City Hall outside of the Finance Department however; payments will not be processed until City offices open on January 6, 2020. Business license fees and parking citations can also be paid on-line at www.nationalcityca.gov
- Q: Will the library, recreation centers and the Las Palmas pool be open?
A: The library, recreation centers and Las Palmas pool will not be open to the public.
- Q: How will I be able to return my library books in order to avoid a late fee?
A: Penalties for late books will not accrue during the closure.
- Q: What will happen if there is a severe storm or natural disaster during the closure?
A: The City has an emergency operation plan that is in place at all times. In addition to fire and police safety personnel who will be on duty, additional City personnel will be available on-call to respond to emergencies.
- Q: Who can I call for questions or assistance during the closure?
A: In the case of a police, fire or medical emergency, call 911. For other inquiries or assistance, call the City's hotline at 619-336-4411 ext. 0.
- Q: Will City parks be maintained during the closure?
A: Limited staffing will be available to maintain park comfort stations and refuse collection.
- Q: What do I do if I have an emergency such as a sewer back-up, flooding, and fallen tree in the right-of-way or a health and safety inspection need?
A: Call the hotline number at 619-336-4411 ext. 0. On-call personnel will be dispatched.

Community Services



Community Services Department

Recreation Superintendent	Audrey Denham
Recreation Center Supervisor	Juanita Castaneda
Recreation Center Supervisor	Elyana Delgado
Recreation Center Supervisor	Maria Wright
Recreation Sr. Office Assistant	Karina Lopez

Parks and Recreation Centers

Main Office MLK Community Center	619-336-4290
Camacho Recreation Center	619-336-6756
Manuel Portillo Casa De Salud Youth Center	619-336-6757
Kimball Senior Center	619-336-6760
Las Palmas Pool	619-336-6758
El Toyon Recreation Center	619-336-4290
Public Works	619-336-4580
George H. Waters Nutrition Center	619-336-6752
National City Library	619-470-5800

Recreation Center Open Hours



Camacho Recreation Center 1810 E 22nd St

Mon-Fri: 4:00pm-9:00pm
Sat-Sun: 9:00am-2:00pm

Las Palmas Pool 1800 E 22nd St

See page 23 for operation schedule



Casa De Salud Youth Center 1408 Harding Ave

Mon, Tue, Wed, Fri.: 3:00pm-7:00pm
Thurs: 2:00pm-7:00pm

Kimball Senior Center 1221 D Ave

Mon, Wed, Thurs, Fri: 9:30am-4:30pm
Tue: 9:30am-2:30pm



MLK Community Center 140 E 12th St

Mon-Thur: 7:00am-6:00pm

George H. Waters Nutrition Center 140 E 12th St

Mon-Fri: 11:00am-12:30pm



National City Library 1401 National City Blvd

Mon-Thur: 10:00am-8:00pm
Friday: Closed
Sat-Sun: 1:00pm-5:00pm

Camacho Recreation Center
1810 East 22nd Street
National City, CA 91950
619-336-6756

KID'S NIGHT OUT

PIZZA!

Friday, December 20, 2019
5:00pm - 8:45pm

**PARENTS, DO YOU NEED A BREAK?
NEED TO FINISH YOUR CHRISTMAS
SHOPPING?**

BRING THE KIDS TO THE CAMACHO
RECREATION CENTER FOR A FUN
KID'S NIGHT OUT!

**\$8 RESIDENT / \$10 NON-RESIDENT
6 TO 12 YEARS OLD
LIMITED SPACE AVAILABLE!!!**

REGISTER ONLINE AT
WWW.JOINNATCITY.COM
ACTIVITY #5122

RELAY RACES!

MOVIE NIGHT!

ARTS & CRAFTS!

Message From the Recreation Superintendent

Summer is the busiest time for the National City Community Services Department. While families are enjoying our fun free events, Community Services staff are behind the scenes working hard to ensure National City residents are having the best summer ever! We crowned the Miss National City Court during the National City Host Lions Club Fourth of July Carnival. Jaddin Thomas, Anais Marina Rivera, and Ulyssa Easley have been giving back to their community; maybe you've seen them around town. We hosted five successful Summer Movies in the Park. During the Las Palmas Pool movie we reopened the pool slide and for the first time kids were allowed to stay in the pool to watch the movie. The final movie, Hocus Pocus was our best movie event ever with 500 people in attendance, there were kids dressed up in costume visiting candy stations and having a great time. We also hosted the first ever Summer Fiesta! celebrating the City's 132nd birthday with a live band and kids activities. Our NC Gets Active series had attendees participating in our annual Scavenger Hunt and an Open House for afterschool programs. Lastly, the City's Board and Commission members enjoyed a wonderful evening with Mayor and City Council during our annual Volunteer Appreciation Dinner. It was a great summer, but we are ready to head into fall and winter. Don't miss out on all the summer fun next year; sign up for our quarterly newsletter at www.nationalcityca.gov/e-newsletter

Register Now For
A KIMBALL
Holiday Car Show
December 14th 3:00pm - 9:00pm
At Kimball Park

To Register for the show
RSVP by contacting Community Services at
(619) 336-4290 or
communityservices@nationalcityca.gov
And on the day of the event bring a toy
for a child ages 8-17.
Toys collected benefit youth at the
Manuel Portillo Casa de Salud

Car show in partnership with the producers of the End Of Summer Car Show!
SD Low Rider Association & SIC Productions.

SAVE WATER SAVE MONEY

All customers
are eligible
for a variety
of rebates &
resources



Apply today at
sweetwater.org



CALIFORNIA
NATIONAL CITY
1837
INCORPORATED

NATIONAL CITY'S
12TH ANNUAL

A Kimball Holiday



- Ice Skating
- Train Rides
- Snow Hill
- Ferris Wheel

- Santa's Village
- Arts & Crafts
- Entertainment
- Food Trucks

Kimball Park
Saturday, December 14, 2019
3:00 pm - 9:00 pm

FREE!

Thank you to our Sponsors:



For more information: 619.336.4290
communityservices@nationalcityca.gov

Community Services Presents

CALIFORNIA NATIONAL CITY 1887 INCORPORATED

'TIS THE SEASON TO BE JOLLY

Ornament Workshops

The City of National City invites you to join us for a morning of fun & creativity!

<p>Kimball Senior Center November 16 10am - 12pm #5096</p>	<p>Camacho Rec Center November 23 10am - 12pm #5097</p>	<p>Casa de Salud Youth Center December 7 10am - 12pm #5098</p>
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Register Online starting November 11:
www.joinnatcity.com

Ornaments will be displayed on the National City Community Tree at "A Kimball Holiday" on December 14, 2019
For more information call/email (619) 336-4290
communityservices@nationalcityca.gov

CALIFORNIA NATIONAL CITY 1887 INCORPORATED

FREE

REINDEER DASH

AT KIMBALL PARK
12TH STREET & D AVENUE, NATIONAL CITY

**SATURDAY
DECEMBER 14TH
AT 9:00 AM**

**1 MILE FUN FAMILY RUN/WALK
REINDEER THEMED PHOTO BOOTH
ARTS & CRAFTS FOR KIDS
NEIGHBORHOOD COUNCIL BREAKFAST**

REGISTER: WWW.JOINNATCITY.COM ACTIVITY #5099
REGISTRATION BEGINS NOVEMBER 11

FOR MORE INFORMATION:
COMMUNITYSERVICES@NATIONALCITYCA.GOV
CALL 619-336-4290

**MANUEL PORTILLO
CASA DE SAUD
YOUTH CENTER**

YOUTH MEMBER FIELD TRIP
TO THE GULLS GAME!

**HOCKEY NIGHT
WITH A COP**

OFFICERS MENTORING YOUTH FOR A BETTER FUTURE.
FRIDAY, DECEMBER 20TH 2019 5:00PM
DINNER & GAMES AT THE YOUTH CENTER FOLLOWED BY A
GULLS HOCKEY GAME AT THE PECHANGA ARENA

TO PARTICIPATE YOUTH MUST BE A CASA MEMBER. FOR MORE INFORMATION ABOUT MEMBERSHIP VISIT 1408 HARDING AVENUE NATIONAL CITY, CA 91950. CALL (619)336-4290 OR EMAIL COMMUNITYSERVICES@NATIONALCITYCA.GOV

**MANUEL PORTILLO
CASA DE SAUD
YOUTH CENTER**

FIELD TRIP FLEET SCIENCE CENTER

**Thursday, 01/23/ 2020
2:00pm**

City Vehicle will depart at 2:00 pm and will return to Casa at 6:30 pm

ASK CASA STAFF FOR A PERMISSION SLIP!

To participate youth must be a Casa Member. For more information about membership visit 1408 Harding Avenue National City, CA 91950. (619)336-4290 / communityservices@nationalcityca.gov

CALIFORNIA NATIONAL CITY 1887 INCORPORATED



COMMUNITY SERVICES

SPECIAL EVENTS

2019



NOVEMBER

16 ORNAMENT WORKSHOP

KIMBALL SENIOR CENTER

23 ORNAMENT WORKSHOP

CAMACHO RECREATION CENTER

DECEMBER

7 ORNAMENT WORKSHOP

MANUEL PORTILLO CASA DE SALUD

14 REINDEER DASH & COMMUNITY BREAKFAST

KIMBALL PARK

14 A KIMBALL HOLIDAY

KIMBALL PARK

20 KIDS NIGHT OUT

CAMACHO RECREATION CENTER



Visual & Performing Arts



Arts & Crafts

Arts & Crafts is a fun way to improve artistic skills and learn how to be creative. In this class, you will be guided through new arts & crafts projects to take home and display. Each craft will encourage you to express your creativity.

Instructor: Recreation Staff

6 - 10 years

Resident \$15 / Non-resident \$20

11/25 - 2/2

Facility	Session	Time	Day(s)	Activity #
Camacho	A	6:00-6:45pm	M	5104
Camacho	B	5:00-5:45pm	W	5105



Hip Hop

Hip-Hop is a fun, exciting, and energetic class that focuses on the most popular dance moves as well as develop coordination, body awareness, build self-esteem and promote confidence. Learn the fundamental Hip-Hop moves and fun choreography. There will be performance opportunities available.

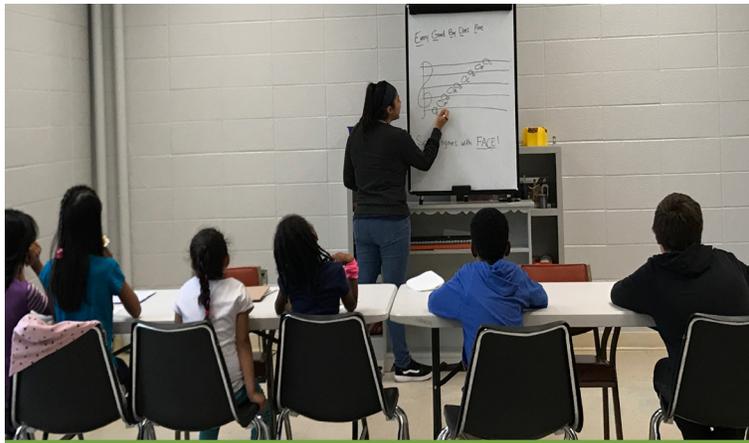
Instructor: Recreation Staff

7 - 13 years

Resident \$15 / Non-resident \$20

11/25 - 2/2

Facility	Time	Day(s)	Activity #
Camacho	5:00-5:50pm	Mon.	5110



Music Foundations

Music is a fun way to stimulate learning and build confidence. In this class, you will learn how to read music, count rhythms, learn vocal techniques, and learn to sing in a group setting. There will be performance opportunities available. No instrument is required for this class.

Instructor: Mrs. Cassandra

6 - 12 years

Resident \$20 / Non-resident \$30

11/25 - 2/2

Facility	Time	Day(s)	Activity #
Camacho	5:15-6:00pm	T/Th	5113



MIXXED FIT (Dance Fit)

A people inspired dance fitness format that includes bootcamp toning using body weight and explosive/exaggerated dancing. The playlist consists of familiar top 100 music, which students love on the radio and can dance to.

Instructor: Nhekilyn De Lara

8 - Adult

Resident \$ 40/ Non-resident \$63/ Drop-in \$8

11/25 - 2/23

Facility	Time	Day(s)	Activity #
Camacho	9:30-10:30am	Sun.	5111



Beginning Guitar

Guitar for beginners. In this class, you will learn guitar techniques and warm ups, reading music and applying it to the guitar, basic guitar skills, and learn to play songs in a group/ensemble setting. There will be performance opportunities available. You must bring your own guitar.

Instructor: Mrs. Cassandra

12 - 17 years

Resident \$25 / Non-resident \$35

11/25 - 2/2

Facility	Time	Day(s)	Activity #
Camacho	6:15-7:00pm	T/Th	5106



Model Airplanes

Learn the fundamentals of Model airplanes. Participants will create their own functional balsa wood airplane constructions. These creations will vary from sample gliders to rubberband powered planes.

Instructor: Mr. Caluory

All Ages

Resident \$5 / Non-resident \$8

11/25 - 2/2

Facility	Time	Day(s)	Activity #
Camacho	4:00-4:30pm	Fri.	5112



Martial Arts



Capoeira Angola

Capoeira Angola is Afro-Brasilian dance and martial arts. This class is a combination of dance, music, and martial arts.

Instructor: James Diokno

10 - Adult

Resident \$106 / Non-residents \$195

Drop-in

Resident \$12 / Non-resident \$15

11/25 - 2/17

Facility	Time	Day(s)	Activity#
Camacho	6:00-8:00pm	M	5107



Traditional Karate

Karate is a Japanese combat technique without weapons. The training is focused on developing the whole body as a weapon itself. The classes consist of the training of blocks, strikes, kicks and self-defense techniques, considering that the essence relies on the improvement of the mental, spiritual, and physical aspects of the practitioners.

Instructor: Sensei Torres & Sensei Ureña

6 - 11 years & 12 - Adult

Resident \$160 / Non-resident \$180

11/25 - 2/19

Facility	Div.	Time	Day(s)	Activity#
MLK	Youth	6:30-7:30pm	M/W	5119
MLK	Teen / Adult		M/W	5118

Sports & Recreation

Soccer Clinics

Introducing you to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. This clinic is filled with drills and games to improve your skills. The clinic focuses on soccer essentials, giving every player the tools they need to succeed.

Instructor: Recreation Staff

6 - 11 years

Resident \$15 / Non-Resident \$22

11/25 - 2/2

Facility	Div.	Time	Day(s)	Activity #
Camacho	8U	4:00-5:00pm	W/F	5121
Camacho	11U	5:00-6:00pm	W/F	5120

After School Tennis



**YOUTH
TENNIS
SAN DIEGO**

A fun Way for children to learn the basic fundamentals of tennis.

Rackets and tennis balls provided for all students

Instructor: Lindsey Vosburgh, Santiago Jaquez

3rd-6th Grade Students

\$6 for for 6 weeks

Jan 9 - Feb 13

Facility	Session	Time	Day(s)	Activity#
Camacho	1	2:45-3:45pm	Th	5103
El Toyon	1	1:30-2:20pm	Th	5101

Players Holiday Basketball Program

The Players Holiday basketball program is for boys and girls to develop and refine their basketball skills in a fun, relaxed atmosphere. This program uses drills and scrimmage games to improve each players individual and team basketball skills. The focus is on individual improvement and game strategy to prepare players for league play. Basketball experience is not required.

Instructor: Coach Anderson

5- 12 years

Resident \$25/ Non-Resident \$33

11/25 - 2/20

Facility	Div.	Time	Day	Activity #
Camacho	girls: K-2nd	5:00-6:00pm	T	5117
Camacho	girls: 3rd-6th	6:00-7:00pm	T	5115
Camacho	boys: K-2nd	5:00-6:00pm	Th	5116
Camacho	boys: 3rd-6th	6:00-7:00pm	Th	5114

Game Night Fridays

You'll enjoy playing board games, card games & other interactive games! Games will be provided! All ages are welcomed but games are intended for ages 6 to 13.

Instructor: Recreation Staff

6 - 13 years

Free

11/25 - 2/2

Facility	Time	Day(s)	Activity #
Camacho	6:00-7:00pm	F	5109



Senior Programs

Kimball Senior Center Activities

The Senior Center houses two senior clubs within the same building. Each club has their own board of officers comprised of members who help plan activities and events in conjunction with the City of National City Community Services Department's schedule of senior citizen programs.

On Tuesdays and Fridays, the center has open play hours with activities like exercise classes, card games, billiard play and other socialization activities. We invite you to come in and take a tour. For more information on our activities, feel free to call our staff at 619-336-6760.

Kimball Senior Club

The Kimball Seniors Club was established in the 1980's. They meet on Mondays and Thursdays. They host various leisure activities opened to the public.

50 years+

\$15 annual membership

	Time	Day
Board Meeting	1:00pm-2:00pm	1st Monday
Activities opened to the public	9:30am-4:30pm	Mon./Thur.
Dances	1:00pm-3:30pm	2nd & 4th Mondays

Casa de Salud Senior Club

The Casa de Salud seniors club was established in the 1960's. They meet on Wednesdays. They host various leisure activities opened to the public.

50 years+

\$15 annual membership

	Time	Day
Board Meeting	1:00pm-2:00pm	1st Wednesday
Activities opened to the public	11:00am-4:30pm	Wednesdays
Dances	1:00pm-3:30pm	3rd & 5th Wednesdays

Upcoming Senior Dances

January 2020

Kimball Senior Club

13th - New Year's Dance

27th - Live it up Dance

Casa de Salud Senior Club

15th - Nuevo Año Dance

29th - Vivir la Vida Dance

Dance Times: 1:00pm - 3:00pm

Prices: \$2 for Club Members, Guests \$4

S.D. Food Bank Senior Food Distribution

Fourth Thursday of every month.

Distribution times: 9:00 am-12:00 pm.

The Senior Food Program is a federal program that provides monthly supplemental food packages to income-eligible senior citizens aged 60 and over. Call the Food Bank at 1-866-350-FOOD (3663) to speak with a staff member for more information.

What types of food are distributed?

The box usually contains the following items: reduced-fat milk, instant non-fat milk, canned meats, peanut butter, canned fruits and vegetables, cheese, rice, pasta, fruit juice and cereal.



La Rondalla Singing Group

La Rondalla is a group of senior citizens who get together once a week to practice their singing. Most songs are in Spanish with some English songs. Singing gatherings are on Tuesdays from 12:00pm to 2:00pm.

Elder Law & Advocacy

Provides free legal services to seniors over the age of 60 in San Diego county. Call (858) 565-1392 to request an appointment. Their attorney can meet seniors at the Kimball Senior Center or any other location close to you. The Kimball Senior Center is only an appointment site. ** Attorneys do not work for the Kimball Senior Center.



Kimball Senior Center Hours

Monday, Wednesday,
Thursday, Friday
9:30am-4:30pm
Tuesday
9:30am-2:30pm
Saturday & Sunday
Closed

National City Library

Tuesdays with Books

Despite the ubiquitous nature of technology in today's libraries, at their heart libraries have always been about books. What better way to celebrate the book than with a monthly book club – a meeting where members come together to discuss a book they have all read.

Tuesdays with Books, the new National City Library book club, held its first meeting in May and has grown steadily since then! Early in the year, two brand new city residents inquired at the reference desk about the availability of a book club. They had participated in book clubs for many years and hoped to find one here. Once the seed was planted, it wasn't long before we were able to accommodate them. As new residents of Paradise Village, we learned that the Village would provide their private bus transportation for an entire group of residents. The new Book Club was also marketed to the general public on MeetUp and continues to attract new members. Books are chosen by group consensus and so far have included fiction and memoir. Discussions have been rousing and participants say they enjoy reading books outside of their general inclination and meeting new people.

The general recommended size for a book club is considered between 8 and 16. We have grown to 19 participants at our last meeting, indicating a strong demand in National City for a place to socialize and talk about reading! Join us – the third Tuesday of each month from 2:00 – 3:30. (December will be a social meeting offsite.)

FOOD 4 FINES

FOOD 4 FINES is back from November 1 – December 22. Donate non-perishable food items to needy local families and pay off fines. For each item donated, we'll waive \$1.00 in overdue fines, up to \$10 per account.

Homework Help

We will be having our Homework Help back at National City Public Library! Homework help will be from 4pm-6pm on Tuesdays and Thursdays. Homework help is open to grades K-12, just bring your homework and we will have tutors available to assist you. You can jump in and out anytime. Please stop by and get your homework done! No sign up needed!



Story Time

Kids, join us for some stories, a snack and a free book!

Every Monday from 6-6:30pm

Dial-a-Story

Did you know that kids can call The National City Library Storyline at 619-470-5814 any time, day or night to hear a recorded story? There's a new story every week!



ESL 1

Our ESL 1 (basic) classes are available on Mondays and Wednesdays from 5:30pm to 6:30pm. Our ESL 1 class is designed for learners who are still fairly new to the English language and want to create a better foundation for their skills. Please contact literacy to sign up for an assessment to be placed accordingly within our classes. Contact literacy services at 619-470-5860 or email literacy@nationalcitylibrary.org

ESL Conversation

: Our ESL Conversation (advanced) classes are available on Tuesdays and Thursdays from 10:30am to 11:30am. Our ESL Conversation class is designed for learners who are in the advanced stages of learning English, but are looking more into putting their knowledge into practice through conversation. Please contact literacy to sign up for an assessment to be placed accordingly within our classes. Contact literacy services at 619-470-5860 or email literacy@nationalcitylibrary.org

Become a Literacy Tutor!

Make an impact on our community!

As a Literacy Tutor, you can tutor our learners in GED, HiSet, ASVAB, citizenship, computer literacy, ESL, science, reading and writing, and math! Call 1-619-470-5860 or email literacy@nationalcitylibrary.org for more information!



Basic Excel

Our Basic Excel classes are on Mondays and Wednesdays from 5:30pm to 6:30pm. Our basic excel classes provide an introductory session that introduce the uses of excel, how to create budgets, and its other practical uses in your personal and professional life. Contact literacy services at 619-470-5860 or email literacy@nationalcitylibrary.org

Basic Computer

Our Basic Computer classes teach introductory skills on how to use the computer, sending emails, and other need to know basics to formally construct a good foundation on computer use. We have sessions in English and in Spanish. English classes will be on Monday and Wednesday, with two afternoon sessions, the first session from 1pm to 2:30pm and the second session from 3pm to 4:30pm. Spanish classes will be on Tuesday and Thursday also with two sessions, the first session at 1pm to 2:30pm and the second session from 3pm to 4:30pm. Contact literacy services at 619-470-5860 or email literacy@nationalcitylibrary.org

Citizenship Classes

Our Citizenship classes will be provided with our partnered organization, the Jewish Family Service. Classes will help prepare you for the citizenship test and the interview! Citizenship classes will begin October 17th and run until December 19th. Classes will be held on Tuesdays and Thursdays from 5:30pm-7:30pm. Pre-Registration will last for the first two weeks! New sessions will begin after this session has been completed. Classes will be in English and a green card is required. Please call us to reserve your spot! For more information, contact literacy services at 619-470-5860 or email literacy@nationalcitylibrary.org



Las Palmas Pool Aquatic Activities

Pool Schedule

Winter 2019 Pool Schedule

October 27th – February 29th

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Group Exercise (Ages 14+)	11:00a-12:00p	–	11:30a-12:30p (Deep Water)	12:00p-1:00p	11:30a-12:30p	12:00p-1:00p (Deep Water)	11:30a-12:30p
Lap Swim (Ages 14+)	7:00a-9:00a ^{1,2} 1:00p-3:00p ^{1,2} 3:30p-5:30p ^{1,2}	1:00p-3:00p ^{1,2} 3:30p-5:30p ^{1,2}	5:30a-1:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-2:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-1:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-2:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-1:00p ^{1,2} 3:30p-6:30p ^{1,2}
Lap Pool Family/ Recreational Swim	1:00p-3:00p ² 3:30p-5:30p ²	1:00p-3:00p ² 3:30p-5:30p ²	N/A	N/A	N/A	N/A	3:30p-6:30p ²
Swim Lessons	9:00a-1:00p	–	3:30p-6:45p (M/W)	3:30p-6:45p (T/TH)	3:30p-6:45p (M/W)	3:30p-6:45p (T/TH)	–
Masters Swim (Ages 18+)	–	–	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a
SUHSD/ Pool Rental[^]	N/A	–	7:00p-10:00p	7:00p-10:00p	7:00p-10:00p	7:00p-10:00p	N/A
Swim Lesson Registrations³	7:00a-12:30p 4:30p-5:30p	4:30p-5:30p	5:30a-1:00p 3:30p-7:00p	5:30a-1:00p 3:30p-7:00p	5:30a-1:00p 3:30p-7:00p	5:30a-1:00p 3:30p-7:00p	5:30a-12:30p 4:30p-6:00p
Activity Pool (Closed)	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Slide (closed)	N/A	N/A	N/A	N/A	N/A	N/A	N/A

Announcement

Las Palmas Pool will be closed for facility maintenance & repairs.

December 16, 2019 - January 24, 2020

All swim passes will be extended by six (6) weeks to accommodate the closure.

For more information call (619)336-6758 or email laspalmas.pool@yahoo.com

Lap & Recreational Swim (cost per session)

Youth (ages 0-12)	Residents	\$1
	Non-Residents	\$3
Adults (ages 13 and 64)	Residents	\$3
	Non-Residents	\$4
Seniors (ages 65 and over)	Residents	\$1.50
	Non-Residents	\$3

GEX Aqua Classes

Adults (ages 18 and 64)	Residents	\$3
	Non-Residents	\$4
Seniors (ages 65 and over)	Residents	\$1.50
	Non-Residents	\$3

GEX, Lap & Recreational Swim 30 Session Pass

Youth (ages 0-12)	Residents	\$20
	Non-Residents	\$45
Adults (ages 13 and over)	Residents	\$45
	Non-Residents	\$60
Seniors (ages 65 and over)	Residents	\$30
	Non-Residents	\$45

1. Passes expire 6 months after the purchase date and any remaining visits are lost.

Masters Swim

Adults (ages 18 and over)	\$30/month
<small>-USMS Membership is required after the first 30 days. Member ship costs \$61/year</small>	

***All sales are final and no refunds will be issued for programs, daily visits, or pool passes. We do not accept bills larger than \$20.**



George H. Waters

Nutrition Center

SENIOR LUNCH PROGRAM

MON-FRI 11AM-12:30PM

FOR SENIORS OVER 60 YEARS OF AGE
THERE IS A SUGGESTED DONATION OF \$3.50
FOR A LUNCH MEAL.

FOR ANYONE UNDER 60 YEARS OF AGE,
THERE IS A \$6.00 FEE FOR A LUNCH MEAL.



MARTIN LUTHER KING, JR. COMMUNITY CENTER
140 EAST 12TH ST. MEETING ROOM 2 (SOUTH ROOM)

Manuel Portillo Casa de Salud Youth Center

Welcome to the Youth Center!

The Manuel Portillo Casa De Salud Youth Center is a fun, safe space with free programs for youth ages 8-17 years old. Youth interested in participating must become a member by having their parents or legal guardians fill out a membership packet. Some of the programs offered at the youth center are tutoring, homework help, sports, board games, video games, field trips, special events and arts & crafts. Monday through Friday the youth center provides its members with a daily snack.

Arts & Crafts

The Arts and Crafts program at Casa de Salud is opened to all members. Arts and Crafts day is every Tuesday in the classroom. During this scheduled activity, participants will learn to think and act like artists and encourage participant's creativity. Some arts and crafts activities are themed during holidays, the four seasons, and community building.



CALIFORNIA
NATIONAL CITY
1887
INCORPORATED

CASA DE SALUD YOUTH CENTER PRESENTS:
Fun Fridays!

...
VOTE FOR THE ACTIVITY OF YOUR CHOICE!

MANUEL PORTILLO
CASA DE SALUD
YOUTH CENTER

FIRST FRIDAY OF EVERY MONTH | **CASA DE SALUD YOUTH CENTER**
1408 HARDING AVENUE
NATIONAL CITY, CA 91950

MUST BE A CASA MEMBER IN ORDER TO PARTICIPATE IN FUN FRIDAYS. FOR MORE INFORMATION VISIT OR EMAIL CASADESALUD2@NATIONALCITYCA.GOV

Mystery Activities

Every Wednesday and Thursday we will have a different recreational activity for all our members. They will compete with others in activities such as capture the flag, relay races, and four square.



Tutoring

Casa de Salud provides homework and subject-based academic help for all members. Tutoring services are Monday through Thursday from 3:30pm- 4:30pm in the classroom. Members can drop-in during this hour for any questions on their homework or other academic assignments. If a member needs more support with their academics, they can sign up for individual tutoring support.



Building Club

The Building Club is opened to members. The club meets Thursdays in the classroom. Participants will be able to build and create structures to solve different challenges. Legos and other materials are provided by Casa de Salud.



YOUTH ROARSOME FIELDTRIP!



MANUEL PORTILLO



YOUTH CENTER



WEEKLY SCHEDULE

NOVEMBER 2019-
DECEMBER
JANUARY 2020

FREE SNACK FOR
MEMBERS AT 5PM
MONDAY-FRIDAY

MONDAY

Tutoring
Soccer
Dodge ball
Board Games
Video Games
Computers



TUESDAY

Technology Free Tuesday
Arts and Crafts
Tutoring
Dodgeball
Board Games



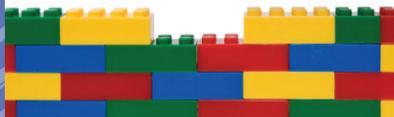
WEDNESDAY

Tutoring
Mystery Activity
Board Games
Video Games
Computers



THURSDAY

Tutoring
Mystery Activity
Board Games
Video Games
Computers
Building Club



FRIDAY

Fun Friday Activity
1st Friday of the month!
Basketball
Computers



FIELD TRIPS

Hockey w/a Cop
12/20/2019

Fleet Science Center
1/23/2020

Space is Limited!



HIGHLIGHTS

Monthly Birthday
Celebrations!



Toy Give Away
December
(members only)



SHOUTOUTS

Thank you to the
**SD Low Rider
Association,**
Sic Productions,
and the A Kimball
Holiday Car Show
participants who made
the toy give away
possible.

SAN DIEGO REGIONAL LAW ENFORCEMENT TEDDY BEAR DRIVE



In its 29th year since its founding in 1990, the National City Police Department has the pleasure of hosting the San Diego Law Enforcement Teddy Bear Drive benefiting Rady Children's Hospital. This charity effort raises donations to provide items of comfort benefiting the children in various hospital care units. This charity is now supported by more than 20 local, state, and federal law enforcement agencies in San Diego County.

HOW YOUR FUNDS HELP THE HOSPITAL

The Bereavement Program, which is funded entirely by philanthropy, provides counseling, quarterly Celebration of Life events, annual World-Wide Candle Lighting Day events and memory boxes to commemorate a life lost.

Your support will provide memory boxes for each family who has lost a child. These include a memory tile of the child's hand print, cardstock, a clip of hair, a mother's journal, recommendations for a therapist or support group, and a silver finger print charm



2nd ANNUAL GOLF TOURNAMENT

On behalf of the Teddy Bear Drive Operations Committee, we send our appreciation to all the teams, families, and business partners who participated in/donated to the San Diego Regional Law Enforcement Teddy Bear Drive 2nd Annual Golf Tournament. Without all of your support, we would have not reached our \$40k goal to the San Diego Regional Law Enforcement Teddy Bear Drive.



HAPPY HOLIDAYS

DONATE NOW

[CLICK HERE](#)

QUESTIONS?

For more information or to purchase the "Spirit" pin pictured above, contact Officer Chad Sakamoto at csakamoto@nationalcityca.gov or (619) 336-4425



Limited Edition "Spirit"
Pin for sale only \$5!

CONNECT WITH US



UPCOMING EVENTS

December 3, 2019: Hand-Off Ceremony @ Rady Children's Hospital

December 11, 2019: Rady's Light the Way Celebration