

AGENDA FOR REGULAR MEETING
PARKS, RECREATION & SENIOR CITIZENS ADVISORY BOARD
THURSDAY, FEBRUARY 21, 2019 at 4:00 pm

National City Civic Center
1243 National City Blvd, Large Conference Room, 2nd floor
National City, CA 91950

Open to the Public

- I. Call to Order
- II. Pledge of Allegiance to the Flag
- III. Roll Call and/or Introductions
Board: Chris Butcher, Roy Cesena, Yvonne Cordoba, Nora McMains,
Zachary Gomez, Luz Molina-Lopez, and Florfina Arce
Staff:
Guests:
- IV. Approval of Minutes: October 18, 2018
- V. Presentations
- VI. Old Business
- VII. New Business
- VIII. Staff Reports – October, November, December and January 2019
 - Review & Comments
- IX. Public Comments
- X. Adjournment to meeting of: March 21, 2019

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**Unapproved Minutes
Parks, Recreation, and Senior Citizens Advisory Board Meeting
Regular Meeting Held on October 18, 2018**

The Regular Meeting of the Parks, Recreation, and Senior Citizens Advisory Board was called to order by Chairperson, Nora McMains at 4:11 pm, in the Main Conference Room at City Hall.

Roll Call:

Members Present: Nora McMains, Zachary Gomez, Luz Molina-Lopez, Yvonne Cordoba and Roy Cesena

Members Absent: Florfina Arce

Staff Present: Acting Community Services Director, Audrey Denham; Recreation Center Supervisor, Maria Wright; Acting City Engineer, Roberto Yano and Park Supervisor, Victor Acosta

Guests: None

Approval of Minutes: September 20, 2018 meeting minutes approved by a motion from Roy Cesena and seconded by Luz Molina-Lopez.

Presentations: None

Old Business: None

New Business:

- Introduction of Acting City Engineer, Roberto Yano. Mr. Yano presented a diagram of the newly approved Paradise Creek neighborhood park.
- Board members agreed to schedule the next tour of Camacho Recreation Center and Las Palmas Pool in March or April of 2019.
- Acting Community Services Director, Audrey Denham reviewed newly adopted City Council Policy 119 (Code of Ethics and Conduct for Elected Officials, Council Appointed Officials and Members of City Boards, Commissions, and Committees).

Staff Reports Submitted: Wright, Uribe, Castaneda, Delgado, and Las Palmas Pool staff

Public Comments: None

Adjournment of meeting: Motion by Zachary Gomez to adjourn meeting until November 15, 2018 and seconded by Luz Molina at 5:21pm.

STAFF REPORTS for October 2018
Attachment to PRSCAB Agenda for 2-21-19 meeting

Kimball Senior Center Report

- The Kimball Senior Center attendance for the month of October 2018 was 2,486.
- The San Diego Food Bank monthly senior commodity distribution program helped 350 senior citizens.
- The two senior clubs held Halloween Costume contests at their monthly dances in October. Both dances were well attended with over 100 seniors in attendance.
- Best costumes in the parade were a pirate, a lady bug, a red devil and a grim reaper.

Camacho Center

- Camacho Recreation Center is now promoting a Co-ed Teen Volleyball League, scheduled to begin Sunday, November 25, 2018 and a Youth Basketball Clinic and Conditioning program, scheduled to begin Monday, January 7, 2019.
- Camacho Recreation Center had 1,214 participants for the month of October.

Las Palmas Pool Report

- The 3rd Grade Learn to Swim program is thriving with a new group of motivated instructors and a change in class structure.
- Staff plan to keep the pool slightly warmer, at 81-83 degrees, through the colder months so participants will continue to enroll in swim programs.
- The pool has switched over to the winter pool schedule and the Activity Pool/Slide will shut down for the winter. Recreational swim will be offered three days a week on Wednesday, Saturday, and Sunday.
- There is a consistent flow of patrons in the mornings on weekdays for lap swim and group exercise, but there has been a decline in use during the afternoon.

Special Events

- Supervising staff created a Development Training for all part-time staff on October 20, 2018. The training was well received and staff enjoyed working as a team.

Casa de Salud Youth Center & Volunteer Management

- During the month of October, Casa de Salud had a total of 223 participants.
- Casa de Salud held its Fall Dance where participants enjoyed nachos, punch, music and a fun costume contest.

Parks Division Report

- Work completed: weeds sprayed at parks and outer areas, irrigation repaired, ballfield maintenance, 81 trees trimmed, 9 trees removed, 0 trees planted, and 3 trees stumped.

Nutrition Center Report

- An oral report will be given by Nutrition Center Volunteer at the meeting.

STAFF REPORTS for November 2018 and December 2018
Attachment to PRSCAB Agenda for 2-21-19 meeting

Kimball Senior Center Report

- The Kimball Senior Center attendance was 2,007 in the month of November and 1,796 in the month of December.
- The San Diego Food Bank monthly senior commodity distribution program helped 350 senior citizens in November 2018 and 350 in December 2018
- Kimball Senior Center in collaboration with the Manuel Portillo Casa de Salud Youth Center hosted the first Ornament Workshop on Saturday, December 1. The intergenerational event was a success with 61 people of all ages making 150 ornaments that were displayed on the tree during *A Kimball Holiday*.
- Thirty two Kimball Senior Center participants went on a field trip to see the Pastorela de la Familia play at the Lyceum Theatre in Horton Plaza.

Camacho Recreation Center

- Camacho Recreation Center has new hours of operations: Monday-Friday, 4:00 pm-9:00 pm and Saturday-Sunday, 9:00 am-2:00 pm.
- Camacho Recreation Center has registered 4 teams for the Teen Volleyball League that is held on Sunday's.
- Open play Volleyball has been a huge success; volleyball attendance is estimated at 250 participants in November and 170 participants in December.
- Camacho Recreation Center implemented a second Arts and Crafts class. The class is held every Wednesdays from 4:00 pm-5:00 pm. Attendance is approximately 40 participants between both classes.
- Recreation Leader III, Cassandra Martinez, added a guitar class at Camacho Recreation Center. Cassandra now leads music and guitar class every Tuesday and Thursday. For the month of November about 24 participants took music class and 15 took guitar class. For the month of December about 13 participants took music class and 10 took guitar class.
- Camacho Recreation Center hosted the first ever Ornament Workshop on Saturday, November 24. Families made 25 ornaments to be displayed on the tree during *A Kimball Holiday*.

Las Palmas Pool Report

- For the month of November and December there was a decline in swim lesson registrations, which is mostly caused by cooler weather and family vacations. However, there are plenty of swimmers who are committed to learning how to swim regardless of the weather.
- The Masters Swim Team has consistent enrollment with 10 participants registered for the month of December.

Special Events

- Approximately 5,000 people attended the two day *A Kimball Holiday* event in December. In addition to regular attractions such as ice skating, mini train rides, Santa photos and arts and crafts, new attractions included a mini Ferris wheel and snow hill. Staff are evaluating the event and making improvements for next year.

Manuel Portillo Casa de Salud Youth Center

- For the month of November Casa de Salud had a total of 167 participants. Due to the 2 week closure there were only 54 participants in December. In the month of January the attendance there was 123 participants.
- In the month of November the National City Host Lions Club, Old Town National City Reunion group, and American Legion Post 255 hosted a Thanksgiving Feast for the families of current and past Casa de Salud participant's families.
- The last week of November youth and staff began decorating for the holidays. In December the youth made gingerbread houses with the guidance of the staff.
- Youth have been introduced to the new incentive program where based on good behavior they qualify to receive "Casa Bucks" (basically coupons that they can redeem for cool items). Staff receive 5 Casa bucks a week that they can give out throughout their shifts. The youth have two options, they can use their Casa bucks for the Casa Market (where they can get chips, juice and other treats) or they can redeem their Casa Bucks at the Casa Treasure box (where they can chose from cool little items like erasers, notebooks, stickers, etc.)

Parks Division Report

- Work completed in November 2018: weeds sprayed at parks and outer areas, irrigation repaired, ballfield maintenance, Paradise creek clean up, 71 trees trimmed, 5 trees removed, 0 trees planted, and 2 trees stumped.
- Work completed in December 2018: weeds sprayed at parks and outer areas, irrigation repaired, ballfield maintenance, Paradise creek clean up, 35 trees trimmed, 4 trees removed, 0 trees planted, and 5 trees stumped.

Nutrition Center Report

- An oral report will be given by Nutrition Center Volunteer at the meeting.

STAFF REPORTS for January 2019
Attachment to PRSCAB Agenda for 2-21-19 meeting

Kimball Senior Center Report

- The Kimball Senior Center attendance was 1,566 during the month of January 2019.
- The San Diego Food Bank monthly senior commodity distribution program helped 340 seniors in the month of January 2019.
- Senior center are working with both senior clubs to develop new activities for senior participants. Some of the new 30 minute activities include beach ball toss, line dancing, and singing performances.

Camacho Recreation Center

- Camacho Recreation Center is now offering classes for nominal fees.
- The Teen Volleyball League is on its last two weeks of the season. We will run a Volleyball league during the spring with nominal fees.
- For the month of January 2019 195 participants took advantage of the Volleyball open gym time on Saturdays.
- Approximately 13 participants attended the Arts and Crafts program on Monday and Wednesday.
- Ten youth participated in music class and 9 youth participated in guitar class.
- Camacho Recreation Center is now hosting Basketball Clinics on Monday and Tuesday starting at 4:45pm for 10U, 5:45pm for 12U, 6:45pm for 14U, and 7:45pm for 17U.

Las Palmas Pool Report

- The recent storms have caused some canceled swim lessons, but there are still youth swimmers who continue to come even in the cold.
- Las Palmas Pool hosted South Coast and Southern Water Polo Club teams for their practice.

Manuel Portillo Casa de Salud Youth Center

- Staff has been developing new free clubs, field trips and special events! The following clubs have been created:
 - Youth Club
 - Lego club
 - Tutoring & HW support club
 - Arts & Crafts Club
 - Video Game Club
 - Sports Club

Parks Division Report

- Work completed in January 2019: weeds sprayed at parks and outer areas, irrigation repaired, ballfield maintenance, 70 trees trimmed, 7 trees removed, 0 trees planted, and 3 trees stumped.

Nutrition Center Report

- An oral report will be given by Nutrition Center Volunteer at the meeting.