

NATIONAL CITY AQUATIC CENTER PRESENTS YOUTH SUMMER CAMPS



June, July & August 2017

Come join us for a fun summer on the water! Camps will include kayaking, sailing, and rowing. Fully certified staff and low instructor/camper ratios ensure safety and fun for everyone. Swimming proficiency recommended.

Register at: <http://www.nationalcityca.gov/government/community-services/summer-camps>

Participating Organizations

- Community Rowing of San Diego (CRSD)
- Southwestern College Youth Camps (SWC)

Price Per Week of Camp

Kayaking \$45 Resident / \$45 Non-Resident
Rowing \$45 Resident*/ \$50 Non-Resident <small>Discounted rates for multiple camp registrations.</small>
Youth Sailing \$70 Resident*/ \$100 Non-Resident

*Resident = National City Resident.
Proof of residency required

Camp Descriptions

Kayaking Camp: Basic fundamentals taught will include kayak handling, body positioning strokes, recoveries, water safety and equipment care.

Rowing Camp: This course introduces sculling technique, terminology, and water safety using single sculls with pontoons, or wherries.

Youth Sailing Camp: Basic seamanship, rigging, recovery, terminology, knot tying.

<u>Week 1</u> June 12 - 16	<u>Week 2</u> June 20-22	<u>Week 2</u> June 19 - 22	<u>Week 3</u> June 27-29	<u>Week 3</u> June 26 - 29	<u>Week 4</u> July 10 - 14	<u>Week 5</u> July 17 - 21	<u>Week 6</u> July 24 -28	<u>Week 7</u> July 31 – Aug 4	<u>Week 8</u> Aug 7 - 11
Rowing Camp (CRSD) Monday - Friday 8:00 am-11:30 am Ages: 12 - 16	Kayaking Camp (CRSD) Tuesday - Thursday 8:00 am-11:00 am Ages: 7-12	Youth Sailing Camp (SWC) Tuesday - Thursday 1:00 pm-4:30 pm Ages: 10 - 16	Kayaking Camp (CRSD) Monday - Friday 8:00 am-11:00 am Ages: 7-12	Youth Sailing Camp (SWC) Monday - Thursday 1:00 pm-4:30 pm Ages: 10 - 16	Rowing Camp (CRSD) Monday - Friday 8:00 am-11:30 am Ages: 12 - 16	Rowing Camp (CRSD) Monday - Friday 8:00 am-11:30 am Ages: 12 - 16	Rowing Camp (CRSD) Monday - Friday 8:00 am -11:30 am Ages: 12-16	Rowing Camp (CRSD) Monday - Friday 8:00 am -11:30 am Ages: 12 - 16	Rowing Camp (CRSD) Monday - Friday 8:00 am -11:30 am Ages: 12 - 16

For more information call (619) 336-4290 and visit us at www.nationalcityca.gov/communityservices